Personal Care Aide



Follow Your Heart to a Caring Career

Find your fit in health care employment that makes a real difference in the lives of others

Personal Care Aides provide assistance to individuals with disabilities or illness who require help with personal care and daily living activities. People working in this position help with feeding, bathing, dressing, grooming, using the restroom, and moving around the person's home, place of work or out in the community. Personal Care Aides may also prepare meals, do light housekeeping and do laundry. Work is performed in various settings depending on the needs of the care recipient and may include the care recipient's home, place of work or out in the community. This position might be right for you if you like working one-on-one with a person you can get to know well.

OTHER JOB TITLES FOR POSITIONS THAT DO SIMILAR WORK: Caregiver, Home Care Aide, Home Health Aide, Job Coach, Positive Support Services Specialist, Patient Care Assistant, Direct Support Professional (DSP), Personal Care Assistant, Personal Care Attendant, Resident Care Assistant, and more.

Right now there is high demand for people working as Personal Care Aides. This means many employers are looking for such workers. It is expected that there will be high demand for people working as Personal Care Aides for the coming decade.

EDUCATION

A high school diploma or equivalent is typically required for someone working as a Personal Care Aide, but there may be exceptions. Ask the employer about what is needed during your job interview.

LICENSING INFORMATION

No health care-related licensing is required. Some positions may require a driver's license. Ask the employer about what is needed during your job interview.

CERTIFICATION INFORMATION

Some employers may require an occupational certification to work in this career. Ask the employer about what is needed during your job interview.

BACKGROUND STUDY

People who want to work as a Personal Care Aide must complete and pass a comprehensive criminal background check as required by state law.

LANGUAGE SKILLS

People who are learning English and who speak languages other than English are welcome in this occupation. Ask the employer during your job interview about what is needed and how your language skills can be used to help others.

CAREER GROWTH

There are opportunities for career growth after a person gains experience as a Personal Care Aide. Sometimes employers pay for training for workers to become certified in higher levels of health care and earn more money. Ask the employer during your job interview about opportunities for career growth.

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Personal Care Aide CONTINUED

WAGES

People working as a Personal Care Aide in Minnesota usually earn $18.05-$21.60 per hour as of early 2026. Wages vary based on the part of the state you live in.

DAILY WORK ACTIVITIES

- Provide personal care, such as assistance sitting up, standing and moving or personal hygiene.
- Prepare and maintain records of client progress and services performed, reporting changes in client condition to manager or supervisor.
- Perform health care-related tasks, such as monitoring vital signs and medication, under the direction of licensed health care providers.
- Participate in case reviews, consulting with the team caring for the client, to evaluate the client's needs and plan for continuing services.
- Care for individuals or families during periods of incapacitation, family disruption, or convalescence, providing companionship, personal care, or help in adjusting to new lifestyles.
- Perform housekeeping duties, such as cooking, cleaning, washing clothes or dishes, or running errands.
- Instruct or advise clients on issues, such as household cleanliness, utilities, hygiene, nutrition, or infant care.
- Plan, shop for, or prepare nutritious meals or assist in planning, shopping for, or preparing nutritious meals.
- Transport clients to locations outside the home, such as to physicians' offices or on outings, using a motor vehicle.
- Provide clients with communication assistance, typing their correspondence or obtaining information for them.
- Train family members to provide care.

Snap to watch a video in English about what Personal Care Aides do.

HOW TO FIND WORK AS A PERSONAL CARE AIDE

Talk to someone at a CareerForce location near you:

- Visit CareerForce.MN.gov/locations
- Call 651-259-7500

Connect with an employer directly:

- Search listings on CareerForce.MN.gov/job-search



CareerForce.MN.gov/CaringCareer

651-259-7500 – language interpretation services available

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